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**NATIONAL STANDARD OF THE PEOPLE'S REPUBLIC
OF CHINA**

中华人民共和国国家标准

GB 16740-1997

保健（功能）食品通用标准
General standard for health (functional) foods

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Foreword

Health (functional) foods in China can be traced back originally and historically to remote antiquity. Traditional Chinese health diet and medicated foods have been used over a period of several thousand years. In recent years, many health ((functional) foods have been rapidly developed and entered into the market. The purpose of this standard is to rectify and formalize the manufacture of health (functional) foods, to provide guidelines for governing of the market, to defend the right of manufacturers, and to safeguard the consumers' interest.

This standard provides the hygiene requirements (the Clause 6.5) according to “Hygiene Requirements of Health Foods” issued by the department of hygienic administration under the State Council .

This standard provides the requirements for the labelling according to GB 7718—94 “*General standard for the labelling of foods*” and GB 13432-92 “*Labelling of foods for special nutrient*”, with the reference of “*Health foods labelling & labelling content and requirements of product description*” issued by the department of hygienic administration under the State Council. In view of the special features of health (functional) foods, the additional labelling requirements are included.

As of the date into force of this standard, the enterprise standard established by the health (functional) food manufacturer and filed in the Local Bureau of Technical Supervision shall comply with this standard.

This Standard is proposed by the China National Food Industry Standardization Committee of Technique.

This Standard is technically appointed to the China National Food Industry Standardization Committee of Technique.

This Standard is prepared by the drafting group of the China National Bee Product Quality Supervision Testing Center, China Agriculture University , China National Research Institute of Food and Fermentation Industries, Technique Committee of China National Health foods Association, and China National Food Industry Standardization Committee of Technique .

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General standard for health (functional) foods

1 Scope

This standard provides the definitions, classification, general principals, technical requirements, testing methods, and labelling requirements for health (functional) foods.

This standard applies to the health (functional) foods manufactured and/or sold within the People's Republic of China.

2 Terms and Definitions

The following standards contain provisions which, through reference in this text, constitute provisions of this standard. At the time of publication, the editions indicated were valid. All standards are subject to revision, and parties to agreements based on this standard are encouraged to investigate the possibility of applying the most recent of the standards listed below.

GB 2760-1996	Hygienic standards for uses of food additives
GB 4789.2-94	Microbiological examination of food hygiene—Detection of aerobic bacterial count
GB 4789.3-94	Microbiological examination of food hygiene—Detection of Coliform bacteria
GB 4789.4-94	Microbiological examination of food hygiene—Examination of Salmonella
GB 4789.5-94	Microbiological examination of food hygiene—Examination of Shigella
GB 4789.10-94	Microbiological examination of food hygiene—Examination of Staphylococcus aureus
GB 4789.11-94	Microbiological examination of food hygiene— Examination of Streptococcus hemolyticus
GB 4789.15-94	Microbiological examination of food hygiene—Enumeration of molds and yeasts
GB/T 5009.11-1996	Method for Total Arsenic Determination in Foods
GB/T 5009.12-1996	Method for Lead Determination in Foods
GB/T 5009.17-1996	Method for Total Mercury Determination in Foods
GB 7718-94	General Standard for Food Labeling

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